





# Important information.....

#### Influenza (flu)

As you may have heard through various media reports, influenza (flu) numbers are continuing to increase across the state. We are reminding parents it is important for all sick children to stay home from school until they are completely recovered so they do not spread the illness to their peers. Detailed information on the flu including symptoms, treatment and prevention can be found at

https://www.sahealth.sa.gov.au click on 'Health Topics A-Z' and search Flu. This online health topic advises that 'the infectious period (time during which an infected person can infect others) is usually from 1 day before onset of symptoms until 7 days after the onset of symptoms. After 5 days the level of infectiousness is probably very low, however some people, particularly children and people with weakened immune systems, might be able to infect others for a longer time.' Thanks for your support in keeping our school healthy and safe.

#### Labeling school items

Please remember to label ALL items brought to school. This includes jumpers, jackets, drink bottles, lunch boxes and plastic containers. Our lost property box is getting really full!

#### Canteen

TERM 2Tues 21/5Felicity HFri 24/5Ping T & Ashleigh MTues 28/5Elyse FFri 31/5Jemma F & Mel WTues 4/6Roxane JFri 7/6Tim/Heidi L & Trudy H

#### Contact Us Seesaw

- Seesaw
  School Stream
- Email
- Facebook
- Phone
- Diary note....or pop into the Office!

#### Dear Jervois Primary School Community,

#### WHEELATHON

The annual Wheelathon has been part of JPS for MANY, MANY years; decades in fact! A day when the bikes are dusted off and we all ride or walk along the bottom Jervois road getting some fresh air and exercise all to raise funds to support our World Vision sponsorship. All the information and



donation/permission forms have been sent home, with each student having their own form to gather donations and gain permission to ride or walk an appropriate distance which is suitable for them. Staff and parents will be along for the trip to supervise and support the kids on their journey. We welcome lots of parents, grandparents, younger siblings to join us on our trek. This is what our day is going to look

like: Friday 31<sup>st</sup> May

Normal lessons until recess time at 11:00am

After recess, everyone to assemble out on the court at 11:30am with their bikes/walking shoes all ready for the journey *(make sure all bike are at school by 11:30 please)* A member of the local Police will be visiting to share a safety talk and set us on our way, also supervising the initial crossing over Jervois Road.

Walkers and riders will return to JPS for a well-earned rest, with lunch at approx. 1pm. Order forms for Hot Dogs were included with the Wheelathon forms, family members are most welcome to order as well! Our P&F ladies will be organising lunch in the morning – we thank them for their support with this!

We still need adult support to make this happen, so fill out your green sheet and return, letting us know how you can help. Thanks to those who have already sent forms back! Fingers crossed for a mild, dry day for Wheelathon!!

#### Woolworths Earn & Learn

Remember to keep collecting Earn & Learn stickers for us. Ask your family and friends to keep



earn stickers for us. Ask your family and friends to keep their stickers too – they can pop them in the JPS box located at the Murray Bridge Market Place Woolworths store, or send them along to school. There is a sticker sheet attached to this newsletter and

more are available from the Front Office or just pop your stickers into the box.

Help us reach our target of 20,000 stickers (that's a LOT!)

#### DIARY DATES

Mon 20<sup>th</sup> May Tues 28<sup>th</sup> May Fri 31<sup>st</sup> May Thurs 6<sup>th</sup> June Mon 10<sup>th</sup> June Wed 19<sup>th</sup> June Fri 5<sup>th</sup> July

### Term 2 2019

SANTOS Athletics Yrs 4-7 excursion WHEELATHON Student Free Day Public Holiday Governing Council End of Term 2 ~ Earl FRIDAY facts:

Odd weeks: W/S Reading

- & newsletter
- Even weeks: ASSEMBLY
- 2:30pm (Wk 10 1:30pm)

End of Term 2 ~ Early finish 2:05pm

## Finance Matters

Final notices have been posted and sent home with student this week. Debt collection WILL proceed from Wednesday 22<sup>nd</sup> May.

IMPACT starts Fri 24<sup>th</sup> May: forms were sent home yesterday with interested kids (couple of spare forms in Front Office)!

E: <u>dl.0194.info@schools.sa.edu.au</u> W: <u>https://www.jervoisps.sa.edu.au/</u>



#### Mikelle's Moment





### Parents & Friends

This is what's coming up over the next few weeks......

- Hot Dogs & fruit boxes for Wheelathon don't forget to get your order in on time
- Apron order forms will be sent out shortly for your opportunity to purchase a unique JPS apron
- Next meeting: Friday 31<sup>st</sup> May at 2pm (because you will all be here for wheelathon!!).
- Please save the date: Sunday 28<sup>th</sup> July has been set aside for the Bunnings BBQ. Helpers will be required.

We would love you to join us for our 31<sup>st</sup> May meeting, so hang around after Wheelathon for a cuppa with us! Roxane J (Secretary)

## Wellbeing Words

I hope everyone is settled back into the routine of school term again. At a recent training I went to, the importance of a consistent, predictable routine was highlighted as one of the most important things in supporting our students to feel safe, comfortable and have the best chance to achieve their goals. At school, we have several strategies and activities in place supporting predictable and consistent routines. These include the scheduling of subjects with the same teacher at the same time each week, as well as Monday morning meeting, assembly and whole school reading. We even look at the smaller acts, such as making our vocabulary consistent around whole school topics.

Do you have a consistent, predictable routine at home?? Is your child's evening and bedtime or morning routine as consistent as possible with set times? If not, it might be worth putting some effort into, not just for the benefit of your child but the whole family! Enjoy your week,

Amanda 😊

#### Nicki's Garden Corner

Hi everyone,

Now that we are in the last month of autumn, the weather is cooling down and the days are getting shorter, so we have been working hard to get our winter veggies all in the ground and growing before things get too chilly.

Mrs Hughes' Rec/Yr 1 class and Mrs Cracknell's Yr 2/3 class as well as some garden helpers from



Mrs Durham's 4/5 class have all been doing a fantastic job getting our autumn garden work done. Lots of cool weather vegies have been planted: Broccoli, garlic, cabbages, potatoes, broad beans and peas, as well as lettuce and herbs, which we like to grow all year round.

We have harvested LOTS of Jerusalem artichokes, and have had some in our harvest basket for families to take home and taste or grow, as well as some lettuce and sunflower seeds that we have grown and saved here at school.

Amazingly we have still been picking a few tomatoes, and our Friday fresh salad tomorrow might have some of the things we picked fresh today; lettuce, radish, rocket, spring onions, parsley, carrot or tomatoes. Mrs Cracknell's class cooked herby scones last week because it was too rainy to be outside but it was so great to get

some rain after such a long dry summer and autumn. Everything in the garden always looks happier after the rain! We have also built a pea tepee in our orchard which is fun and useful all at the same time and Mrs

Hughes' class are busy making a beautiful colourful nature play tepee too.

Our bottle top mural is still happening on Thursdays at recess and lunch time so come and help out or just come and say hello.

It's always great to see our enthusiastic gardeners and upcycled art makers being a part of our outside activities on Thursdays and helping to make our school productive and beautiful and fun. Enjoy these sunny autumn days,

Love Nicki.

## Shelley's Sharing (PCW piece)

#### Beginnings

I have been thinking about beginnings. I've been at Jervois as PCW since Week 6 last term, so I'm no longer brand new but I'm still just beginning! I am still working out how best to help and support students and teachers, and I feel like I'm just starting to get to know everyone. There will be a special church service for my

Commissioning (like, my new start!), at Murray Bridge Uniting Church, on Sunday 16th June - I'll tell you more about that next newsletter. All of you are warmly invited to come along!

Impact starts again for the term next week on Friday 24th May. You will have seen the flyer and will know that they have an exciting programme planned for the rest of this term. Another new beginning! If your student hasn't attended before and would like to start, now is a good time to fill out the form. I hope to attend on Friday 24th, to see what happens - I hear it's really fun. Our students are lucky to have such an easily accessible youth group, happening every fortnight.

Another thought about new beginnings - sometimes things go wrong, for us as individuals or us in our families. It's important to know that we can always make a fresh start, a new beginning - every day we have a choice to start

afresh. So, if you're feeling stuck in old patterns, why not make the decision to wake up tomorrow and begin to do things/treat people/handle family situations differently - treat others as you want them to treat you - show kindness and understanding - be slow to anger, quick to praise... and see what a difference your new beginning can make?! Your new beginner,

Your new beg Shelley









#### Sickness

Just a reminder to please keep your kids at home if they are unwell! There are so many different lurgies around at the moment and although we love seeing your kids, keep them home when they are unwell! Not only do they increase the chances of other students and staff becoming ill, but they are not able to actively learn and spend their day feeling horrible!



Remember if your child is away for 3 consecutive days Departmental Policy requires us to have a Doctor's certificate for their absence.



#### **District Athletics/Sports Day**

18 of our Year 4-7 students competed in various events in their age groups last Monday for District Athletics day. The weather was perfect and our kids put in a wonderful effort and were great sports. We were 3<sup>rd</sup> for the handicap shield (for small schools) and 6<sup>th</sup> overall – a great effort!

Some outstanding individual results were achieved and those who earned placings in their events were: Gemma, Kieran, Bailey, Aia, Lincoln & Patric.

Bailey & Gemma were awarded Winner & runner-up respectively in the 11 & under girls age group – congrats to you both <sup>©</sup> We also had Kody, Jack S, Phoebe, Levi, Cohen, Charlie, Ella, Angus, Roxanna, Sophie H, Dom & Sabai all compete, putting in their best effort! Well done to everyone!

Gemma, Kieran, Patric Levi & Aia now have the opportunity to compete at SANTOS for the State Athletics Carnival on Monday 20<sup>th</sup> May. Good luck; put in your best effort and enjoy the experience!

Many thanks to Kate, Lexi, Tam, Bruce & Paul for their help with the discus event on the day - much appreciated!











State Track & Field SAPSASA Championships at SA Athletics Stadium (previously know as SANTOS) Mile End Monday 20<sup>th</sup> May *Kieran, Patric, Gemma, Aia & Levi* GOOD LUCK – GO HARD and DO YOUR BEST!

Dates for your diary: School Concert will be MON Nov 11<sup>th</sup> with a Student Free day on TUES Nov 12<sup>th</sup>



District Athletics at Unity on Mon 6<sup>th</sup> May Well done to all our athletes who took part:

Bailey, Gemma, Kody, Jack S, Phoebe, Kieran, Levi, Lincoln, Ella, Angus, Patric, Aia, Roxanna, Sophie H, Sabai, Dom, Aia, Cohen



Government of South Aust





Μv happiness scale at the moment

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My happiness scale at the moment

My happiness scale at the moment





Government of South Australia



JPS Newsletter: Term 2, Week 3, 17/05/2019



## What's on at the Murray Bridge Library.....??

## Zoo

### **Thursday Night Movie**

A 12-year old boy and his misfit friends enlist an older woman in their fight to save Buster the baby elephant during the air raids on Belfast in 1941. **5:30pm Thursday 30 May 2019** 

## The Children Act

#### **Thursday Night Movie**

In the midst of a marital crisis, a High Court judge must decide if she should order a life-saving blood transfusion for a teen with cancer despite his family's refusal to accept medical treatment for religious reasons.

#### 5:30pm Thursday 13 June 2019

## Author Visit

#### with Sophie Thomson

Sophie is a passionate gardener and well known and loved presenter of the ABC's popular Gardening Australia Program. Come along and get your sustainable

gardening juices flowing. To book call 8539 1175

6pm Thursday 27 June 2019



## **Sunday Sessions**

#### with Oliver Asel

Get ready for a powerhouse performance from local entertainer Oliver Asel as he cranks out some wild acoustic tunes.

You may recognise Oliver who talent has firmly established him in the local youth

music scene.

2pm Sunday 9 June 2019



# Author Visit

### with Wendy Altschwager

Join us with Wendy as she talks about her new novel "Behind the Door" An old tatty diary in an ancestral home lends itself to intrigue and the discovery of a shocking truth. To book call 8539 1175 **2pm Sunday 16 June 2019** 

Great to have so many things available locally to do!

#### Parents over-sharing online

Parents are ignoring the risks of social media and are sharing too much of their children's life online and putting them at risk, new research shows. One in five parents say photos they have posted of their children on social media have been shared elsewhere without their consent and more than one in 10 have experienced negative comments posted on pictures of their kids. Many forget to gain permission from the child themselves.

Facebook and Instagram are the most popular platforms for parents posting pictures of their children. But 11 per cent are also sharing photos of their children to Twitter, which does not allow private profiles.

45 per cent post pictures of their children on social media at least once a week or more, with 14 per cent of parents posting daily.

"While parents don't deliberately put their children at risk, it appears that they don't understand the **dangers of posting photos online (eg. exposing children to a whole range of strangers), or don't know how to lock down their social media profiles so that sharing is safer",** says eminent psychologist and cyber expert Michael Carr-Greg. **Useful website:** <u>thinkuknow.org.au</u>



