



Jervois Primary School



Happy, Safe
& Belonging



Stop
& Think



The
Learning Pit



Leading
& Learning

Tip of the Week:

LOOK AFTER YOURSELF

Take the time for self-care: look after your health and wellbeing: get enough sleep, eat well, drink water, reduce stress levels, stay calm



STAY
SAFE



Ideas for isolation time:

- Play board games
- Have a movie night-in
- Read a book
- Learn Yoga to relax
- Spring Cleaning
- DIY project
- Keep in touch with loved ones (phone, skype etc)

Canteen helpers

Wk 10

Tues 31/3 Michelle A

Fri 3/4 Emma E

Thanks ladies ☺

Dear Jervois Primary School Community,

What a tumultuous couple of weeks we have found ourselves in! There has been daily updates received and communicated to Staff and families, keeping everyone in the loop. We have experienced a growing number of absences over the past week in particular as families choose to self-isolate at home. As communicated to everyone, school remains open and teachers are providing normal daily structure here, as well as recently organising learning information for those at home.



Our most recent updates from Thursday (yesterday) shared about statewide Student Free Days which cover Week 11 (Monday 6th to Thurs 9th April). So our last day at JPS for students will be next Friday April 3rd, normal end of day finish at 3:05pm. Staff will still be at school in Week 11, as this time will be used to prepare to transition to flexible teaching and learning, ready for Term 2.

It's always a challenge to make sure everyone receives ALL the information we send out and you must feel quite bombarded at the moment! Although it is frequent, we feel it's best to keep you updated immediately and some families may only use one source of communication, so for those who have lots of ways to keep

in touch, you probably get the info much more than once! But at least you know!!

Thanks so much to families who very quickly returned info about their IT devices at home yesterday – the prompt responses were very much appreciated!

We will keep you up to date with any changes over the holiday period and advise what is happening once Term 2 resumes (remembering Day 1: Monday 27th April is already scheduled as a Student Free Day).

It is SUPER IMPORTANT to let us know if your contact details change: this includes mobile number, email address and your residential & postal address too.

If you haven't been getting any emailed information recently and you regularly use an email address, please send us a message: dl.0194.info@schools.sa.edu.au OR text your email address to the school mobile number: 0419 618 309

We have found over the last couple of weeks that some family email addresses aren't correct or we don't have one listed, this is a really important form of communication, so please make sure we have yours right!

Colourful Harmony Day artwork by JPS students: "everyone belongs"



How we
communicate:







 **schoolstream**
your school in the palm of your hand



website link



Mikelle's Moment

 <p>Being Happy, Safe and Belonging because we value respectful relationships, wellbeing and community</p>	<p>These words were in an email from SMG, a group that works alongside our Education Department to provide PCW roles at some sites.</p> <p><i>"I know for most of you this is a really challenging time leading your school and you are full of so many different emotions. I am optimistic that your schools can be full of gratitude, hope and bravery during this time."</i></p> <p>I absolutely agree and also add that it is a challenging time for families, sporting communities, businesses and more. I am also grateful that SMG have prepared the following:</p> <p>FREE Digital Wellbeing lessons delivered through video. This content is evidence-informed through the Wellbeing Classroom Framework which is developed here in SA.</p> <p>There is a lesson every day for 3 weeks focusing on being grateful, hopeful and brave. Many of you may be able to support students to access this by subscribing to SMG - Life Matter's Youtube channel.</p>
 <p>Stop and Think because we value every opportunity for student success</p>  <p>Learning and Leading because we value lifelong learning and leadership.</p>	<p>For the last 2 weeks at Monday meetings the whole school has discussed toilet use at school, germs and hand washing.</p> <p>Last week our Student Council wrote the following Learning Intentions & Success Criteria for everyone at JPS.</p> <p>Learning Intentions: Keep ourselves and our facilities clean</p> <p>Success Criteria:</p> <ul style="list-style-type: none"> • Be responsible in the toilets • Use soap properly • Use paper towel properly • Clean up any mess you make (get help if you need it) • Wash hands all over- sing the ABC song twice. <p>This week we watched a short clip on hand washing and noticed a few extra moves that we practiced. Ms. McFee and I picked up a new handwashing move too. During the week the Department shared new handwashing posters which supported the thinking and learning we had done at our Monday meeting. These new posters have been added to the poster collection in our toilet areas and have been given to teachers for each classroom.</p> 
 <p>The Learning Pit because we value challenge, effort, persistence and progress</p>	 <p>Well done to our Reception students, Mrs Hughes and Mrs Cracknell. Over 8 weeks at school they have made some great progress with learning sounds, letters, reading and writing.</p> 

I am grateful for the support and understanding of families, staff and the Department for Education at this moment as we continue to care for students and continue learning in a range of ways. Mikelle Miegel



Wellbeing words

Wow, what a fortnight it has been!! How are you going? It is ok to be feeling concerned about all that is happening at the moment. To counteract this worry though it is super important to be taking care; of ourselves and those around us. Our children are also hearing lots of talk about the coronavirus and noticing changes in daily life. There are some strategies we can employ to try and stop them from becoming too anxious about this unknown situation. The world health organisation has put out a flyer outlining some of these strategies.



Some additional tools I would recommend: take extra care to notice and listen to your child. This will give them the opportunity to explore their emotions and air any concerns for you to reassure with age appropriate language and facts. Encourage discussion on things they can do about the situation, such as taking care of their hygiene so they can feel more in control. Promoting positive self-talk, exercise, healthy eating, and finding ways to enjoy themselves will also help to manage your child's stress levels.

Finally, below is a great article from The Big Life Journal about how this time is a great opportunity to build and model **resilience** for our children.

*"Explain to your children that each one of us is like a **tree**; and the challenges we're facing are like the **wind** which bends the tree.*

*Trees stand strong despite the wind because of their **strong root system** (support system): family, friends, pets, their **MINDSET**, positive thoughts, beliefs, values, etc.*

Trees need wind to blow against them because it helps their root systems to grow deeper, which supports the tree as it grows taller.

*In other words, the tree welcomes the strong wind because it helps it grow **STRONGER**! So similar in life, **challenges make us stronger**! Such experiences as we're facing these days develop our character and our mindset and deepen our roots. When we grow deep, we too, stand tall!"*

Take care,
Amanda

Shelley's Sharing

There is a lot of fear and anxiety around at the moment, due to the COVID-19 pandemic. We all need to be very careful in our hygiene practices and we have all been reminded again and again that thorough hand washing with soap is just good practice. Keeping our 1.5 metre distance (especially from the vulnerable elderly) is very important. It is critical that we remind our children of these two ways they can keep themselves and others safe.

It is also important to be a safe presence with our children. We are the grownups here, and they will sense our calm and our security - or our fear and panic. Remember that you have been in tough situations before and that things will get better. Teach your children, by example, how to be calm in tough situations. Be loving and considerate towards others - and your children will watch and learn from you how to rise above circumstances and make the world a better place.

We have an opportunity to make a difference in our community, by being a calm and loving presence to all. We have an obligation to be safe, and to make things safe for others. But we also have an opportunity to show our children how we can all meet this challenge and be the best we can be. Let's be our best selves, now and every day ☺

Oh, and one more thing - in the coming weeks, I will be extending my support to students by being available to chat with students who are doing their learning at home rather than at school. If I call to offer to have a chat with your child, it is not to check on their learning but is to offer the opportunity for a general catch-up and to see how they're going... just as I do at school... and if I haven't called you, but your child tells you they would like to catch up with me, please feel free to call me at school on Thursday mornings 9am-1pm or anytime on Fridays.

Calmly yours,
Shelley



EXTRA DATES for your diary (subject to change):

STUDENT FREE DAY	Monday	Week 1	Term 2	27 th April
SCHOOL PHOTOS	Wednesday	Week 5	Term 2	27 th May
SPORTS DAY	Wednesday	Week 9	Term 2	24 th June
STUDENT FREE DAY	Friday	Week 10	Term 2	3 rd July
STUDENT FREE DAY	Wednesday	Week 3	Term 3	5 th August
SCHOOL CONCERT	Tuesday	Week 5	Term 4	10 th November
STUDENT FREE DAY	Wednesday	Week 5	Term 4	11 th November

(Student Free Days are set for Staff Learning & Development Sessions which are often linked to other schools in our area)

School Fees

Thanks to families who have already paid school fees or set up a payment plan. **If you would like to see if you are eligible for School Card, call in and pick up a form;** there has been issues with the online School Card process, **so please contact Jo if you HAVE applied online.**

Currently we have **over \$15,440** in School Fees which are **OUTSTANDING (UNPAID)** – these fees are used to provide **YOUR CHILDREN** with essential learning equipment, resources and facilities for their education. **We appreciate finalisation of all outstanding amounts or a payment plan process completed by the end of Term 1**

Please speak to Jo if you have any concerns about school fees payment. Thanks ☺

Wheelathon

This has been postponed, hopefully until the end of Term 3, but we will see how the next few months go. The students and staff really enjoy this event, and it's for a good cause, so we will definitely reschedule it for a time later in the year.

Class Excursions

The Yr 6/7 Excursion to Challenge Hill has been POSTPONED, not CANCELLED as previously indicated. Tania & the students have planned to have their day out later in the year, so if you have already paid, rest assured it will be used for the excursion when it happens down the track!

Parent/Teacher Interviews

Next week are the phone interviews between Parents/Students and their Teachers. We hope you have booked your timeslot – if not don't despair. Contact Michelle and a time can be organised for your child's teacher to give you a call and discuss your child's learning so far. These interviews are a valuable form of conversation between families and teachers to chat about your child's learning, plans for the remainder of the year and how you can both work together to support your child to achieve and grow as a learner.

Parents & Friends

As the Wheelathon has been postponed, we have decided to postpone the Wheelathon/Hamper raffle as well. Thanks to families who have already sent along some donations, and sold raffle tickets. We will keep these all in a safe place until later next term. All tickets which have been returned will be included in the draw at a later date. We will keep you updated about this in future newsletters, when things return to some sort of normalness!! For now, all P&F and fundraising activities are on hold, and we will resume with P&F once we have the all clear to return to regular activities.

Until then, everyone keep safe & healthy.
P&F Committee

Bunnings Easter Artwork

If you dropped into Bunnings in the past few weeks, you may have seen our JPS artwork. Hope you popped in a vote for our masterpiece!
It was created by our 4/5 class.....an Easter theme using a few different Art styles. Thanks Bunnings for giving us the opportunity to create and display at your store!





SC interviews



Name: Tania Age: $\frac{8^2}{2} + (56 \times 0.25)$

At school I am grateful for: Students who embrace the learning pit!

At home, in my world I am grateful for: My push bike, so I can get out in the open spaces

I am learning about proportional reasoning string, A key word is proportional *(ask me about this, I'll tell you more!)*

I felt awesome when I have had lots of meaningful conversations with all students.

Name: Kohan Age: 5

At school I am grateful for: playtime

At home, in my world I am grateful for: Finding geckos.

I am learning about jolly phonics, A key word is gigantic *(ask me about this, & I can tell you more!)*

I felt happy when it was morning time.

I was in the GREEN zone.

Name: Olivia Age: 11

At school I am grateful for: My friends, they're good to go to when I don't feel the best.

At home, in my world I am grateful for: My pets and my parents who look after me.

I am learning about speed in maths, A key phrase is 1000m are in a km – I need to remember that! *(ask me about this, & I can tell you more!)*

I felt happy when I got to go to school on Monday. I was in the GREEN zone.

Name: Hollie Age: 8

At school I am grateful for: my friends and the cubby

At home, in my world I am grateful for: family.

I am learning about Water & science, An interesting question is Can YOU make water walk? I can.....*(ask me about this, & I can tell you more!)*

I felt happy when on my holidays.

I was in the GREEN zone.

Name: Bethany L Age: 10

At school I am grateful for: Friends and good teachers

At home, in my world I am grateful for: parents and pets

I am learning about lots of maths & German, A key word is dreizig

(ask me about this, & I can tell you more!)

I felt happy when it was lunch and recess time. I was in the GREEN zone.





There's not very much happening in the community at the moment.....make sure you stay safe, healthy and respect the self-isolation recommendations which are being shared. Hand washing and distancing from others is vital to reduce the spread of the virus and help protect our elderly and most vulnerable.

YOUR KIDS ARE GOING TO BE FINE.

You don't have to re-create school at home.

Love your kids.

Be their safe place.

Read, create, play, sing, and talk together.

FUN A DAY
fun-a-day.com



To request an appointment online, go to:
www.sahealth.sa.gov.au/dentalappointment

For clinic locations, go to: www.sahealth.sa.gov.au/findyourclinic



emerge
COUNSELLING

*Feeling stuck?
Want life to be different?
Want to make changes but
don't know where to start?
Need someone to talk to?*

Join with a qualified
counsellor to grow, change
and develop into the person
you want to be

Dave Flood 0488 822 967
Kate Flood 0488 822 968

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Murray Bridge SA

