



POLICY – SUNSAFE

At Jervois Primary School we believe that children and staff need to develop a lifelong habit of skin protection in our Australian climate.

Therefore:

- Hats worn at school must be legionnaire, bucket-style or broad brimmed hats (without cords) in the school colour of red
- Students receive a Legionnaire hat in the enrolment pack; and Legionnaire, Bucket and Broad Brimmed Hats can be purchased from the front office
- Jervois Primary School's uniform complies with requirements outlined by the Cancer Council (e.g. shirts with collars etc). See the Uniform Policy for more information.

Cancer Council SA recommends safe sun exposure when the UV is below 3 in May, June and July (Term 2) to ensure suitable intake of Vitamin D. Staff and children will still receive Vitamin D when they are wearing sun protection.

The following sun protection practices outlined in this policy are for implementation during terms 1, 3 and 4 and when the UV is 3 and above. Depending on school activities, staff and students are encouraged to monitor the UV radiation levels in May.

Therefore:

- All students and staff are required to wear hats when outside during terms 1, 3 and 4. (At teacher's discretion in times of peak UVR outside of these dates)
- Students not wearing hats must stay in a designated shaded area. The designated areas are the playground under the peppercorn tree and the senior playground
- Children must wear a red legionnaire/bucket/broad brimmed hat on excursions. A reminder will be included on excursion forms sent home
- Parents are encouraged to supply their own children with sunscreen and the use of SPF 30+ or SPF 50+ broad spectrum, water resistant sunscreen. When the UV is 3 and above sunscreen is actively encouraged to be applied on 20 min before going outdoors and reapplied every 2 hours when outdoors. Each class has sunscreen available when required
- Students are expected to wear a rash vest or t-shirt over bathers for outdoor swimming instruction
- Students are encouraged to wear the school uniform which offers adequate UV protection (eg shirts with collars, and longer style sleeves and longer style shorts, dresses and skirts etc). See Uniform Policy.
- Sports Days and Camps are scheduled during off peak UVR times where possible, such as during term 2
- Programs on skin cancer prevention are included in the curriculum for all students
- Parents are provided with a copy of this policy in the student induction pack
- Information on sun smart behaviour is promoted in the whole school community through newsletters and assemblies
- Hats are not to be worn indoors
- Where possible, outdoor activities are rescheduled outside peak UV times of the day or conducted in the shade or indoors
- Shade is considered when planning outdoor excursions, activities and classes
- Children are encouraged to seek shade during break and leisure times
- Leadership and governing council regularly audit shade to determine availability and quality of shade
- For WHS, staff members are encouraged to role model sun protection by wearing sun protective hats, clothing, sunglasses, and sunscreen and seek shade

This Sun Safe Policy has been endorsed by the Jervois Primary School Governing Council and is reviewed every year to ensure information remains current.