



14th June 2023

School **starts** at **8:50am**

School **finishes** at **3:05pm**

**happy
birthday to
our JPS-ERS
celebrating
in
JUNE:**

Sophie S

Riley M

Lila

Laura

Lilly

Maisey S

Archer G

Hayden

Mrs Cracknell

Miss Chloe

**we hope you
all have a
super-
dooper day!**



Dear Parents & Carers,

Principal's Piece

Hi everyone,

I hope this edition of the newsletter finds you well and warm! As a site we have experienced some sickness and I have appreciated the staff at Jervois all pulling together and supporting each other when often we are struggling to find relief teachers. I also appreciate parents' and children's flexibility in situations which can change with little notice.

All teaching and classroom SSO staff attended a Student Free Day at

Murray Bridge South School. The focus was on literacy data collection, and where to go next. At Jervois we are on an upward trajectory with our instructional routines in the junior primary cohort, and well on our way to established sound literacy routines in the middle to upper primary cohort. All staff participated enthusiastically & with open minds, and I look forward to seeing this new learning implemented at Jervois.

Keep warm

Elissa



Yr 3-6 CAMP Tues 27th & Wed 28th June (Wk 9)

Rec-Yr 2 EXCURSION Thu 29th June (Wk 9)

Toilet monitoring

Unfortunately we have had to resort to locking the BOYS toilet during class time so we can monitor who is using them: despite the investment to upgrade our toilet block, there are some boys who continue to do the wrong thing in the toilets. Issues include climbing on the cisterns, leaving internal doors locked, drawing on walls, leaving mud & dirt on seats, throwing paper towels on the mirror, walls & ceiling, and peeing where they shouldn't be! This behaviour is not good enough and **MUST STOP!** Please have a chat with your child about appropriate behaviour in the toilets. We (Admin Staff and our Cleaner, Margaret) shouldn't have to clean up after kids who are continually disrespecting property and making toilet time inconvenient for everyone at the moment! Thanks for your support to encourage our kids to do the right thing!

Can you help us? We are looking for donations for the Bunnings Sausage Sizzle coming up on Sunday 25th June – if you can help out, please drop your donation into school sometime during next week and by Friday at the latest. The more gear we can have donated, the more profit we will make to support the school's fundraising opportunity. Give us a call or flick us a text or email with whatever you are able to contribute – **HUGE THANKS!**

Forms to return:

- * *R-2 Morialta excursion & \$5*
- * *Yr 5-6 Choir T-shirt orders*

SAPSASA District Athletics is early in Term 3. From Sports Day results and trials held in other events over the past weeks, we will be touching base with students in their relevant age groups to nominate who will represent the school in the events scheduled. District Athletics is held at Unity College and events are for primary school students who turn 10, 11 & 12/13 this year. Information will be sent home with children next week, so we are able to confirm who will be attending.

Important Dates and Reminders

STUDENT FREE DAYS – 2023

TERM 3: Mon 4th September
 TERM 4: Mon 16th October
 Wed 6th December (School Closure)

FINANCE – Do you have a credit with us?

If you currently have a credit at school, it can be used for payment of excursions, Friday Fresh, camps, bookclub etc. When returning forms, note "USE CREDIT" on the payment line and we will process it. If you are unsure if you have a credit, or how much: please ask Jo or Michelle. Thanks 😊

Absence reminder:

Please remember to let us know when your child is absent any day from school: text the school mobile, give us a call, or use the School Stream app. If you have a planned absence of 3 or more days, there is an exemption form which we need completed. Ask us for a form and we can email it or send it home with your child. We have to report on all absences from school, including a reason. An accumulation or pattern of unexplained or repeated absences can result in further follow up from Department for Education Attendance personnel.

PCW Piece & CHOIR Corner:

Wow we are already well and truly past the half way mark of the term – it has gone SOOO fast! The start of this term has been a bit crazy for me but I have loved all the different days I have been able to come in for, one of my favourites being Sports Day and Reconciliation Day! Thanks again to our amazing guests and parents who came in and helped out! Somethings you will find me doing this term is each Thursday making little Thankful Thursday videos with the kids! By the end of the term, I am hoping to film every single one of the kids and then have a biggg list of all the different things we are grateful for here at Jervois! So far I've done about a quarter of the school – you may have seen your amazing child(ren) on Seesaw sharing what they are grateful for – if you haven't keep your eyes on the lookout every Thursday! We will also be updating the newsletter with the different things we are grateful for!! This term I am also working on some friendship activities with some of the students which we have been loving! If you think this is something, your child would love and benefit from, don't hesitate to let me know!!

Unfortunately, we haven't been able to spend as much time doing Choir as I would like as so many different things have come up like different work conferences, sports day, reconciliation day and I was also sick for one week!! However, we are back on track ready to sing! We will have to go through the songs a bit quicker than I would have liked, however, I trust the students and their awesome singing skills to keep up! Make sure to keep practising at home! Apologies to all parents if you have to hear the same songs on repeat at home 😊 but by the end you will be a professional choir singer just like us!

Anna – Pastoral Care Worker & Choir 😊



SAPSASA update

Congratulations to [DYLAN](#), who has been selected to represent JPS & Murraylands in SAPSASA Netball in week 9: GOOD LUCK!

BUNNINGS BBQ FUNDRAISER is coming up on Sunday 25th June; a great fundraising opportunity to get OUTSIDE MONEY for our school!

WHAT WE NEED: donated goods (the more things donated, the more profit we make

- | | | |
|-----------------|------------|-----------------|
| * bread | sausages | mustard |
| * onions | serviettes | tomato sauce |
| * bottled water | BBQ sauce | soft drink cans |



Huge thanks to families (parents, students & staff) who have offered their time to help on the day (Flett, Warner, Woodworth, Beare, Giles/Cazzolato, Hughes, Smith, Hanson (McDonald), & Schache families) ♥♥

SPORTS DAY 2023

Friday was a super busy day filled with energy, fun and enthusiasm! The playground and oval was filled with all things GREEN, YELLOW and RED, and there were lots of family who came along to cheer for everyone!



LOTS OF JPS SPORTS DAY ACTION FROM AROUND THE GROUND....



...more sports day action

...and a bit more sports day!



.....And that's a
 WRAP FOR SPORTS
 DAY 2023



Reconciliation Week re-cap...

What an **awesome day** was had here at JPS of Thursday week 5. A very **BIG** thankyou to **Cheryl Love and Ray Love** for sharing the day with us and for sharing your knowledge, art and stories with us.

First, we watched a short clip explaining what **Reconciliation Week** was about.

Then we listened to a picture book called **'Say YES!'** written by Jennifer Castles. 'Say Yes' is told to us through the eyes of two best friends – one Aboriginal and the other white. We experienced the heartaches, the unfairness, the loneliness and sadness the Aboriginal people went through before 1967 and then the joy – when finally the **Australian law was changed to recognise Australia's Aboriginal people as people of this land**, who deserved to be treated the same as everyone else.

Many of us have very little idea about how Australian's used to treat the Aboriginal people of this land and this story tells it perfectly. Each class went back and did some writing about what they learnt and thought.

The rest of the day we moved through 7 rotations... check out some of these in our photos. It was an afternoon of dreaming stories, camp fires, rock art, and weaving God's Eyes, with a sausage or two thrown in for good measure!

It was a day to acknowledge, celebrate and bring together all of us; Aboriginal and Non Aboriginal people of JPS where we stand, learn, work and play on Ngarrindjeri country.

Thankyou to all for making our day **SO special...** and hopefully we are all a little bit more 'in the know' with what Reconciliation is all about!



Just a few snaps from our day of acknowledging and celebrating Reconciliation Week...



MRS. HUGHES' WELLBEING BITS...

Term 2 Week 7

The countdown is on for camp... our next newsletter will be filled with loads of happy smiling campers!!!

Here are a few wise words about camp for those of us that may be feeling a little anxious (big and little!)

School camps and sleepovers are important steps to your child gaining their independence, but for some kids and their parents, this potentially positive experience can sometimes be filled with anxiety.

Thankfully, effective strategies resolve some of the most common concerns around sleeping away from home or without the comfort of family. Whether it is a sleep over at a friend's house or a school camp, the emotions and concerns you and/or your children may have remain the same.

Although it is not unusual to have apprehension around first-time sleepovers, the good news is that there are ways to manage these worries and make it the positive experience it should be for both parents and kids.

Just like anything new, overnight trips present children with a series of unknowns. These can range from concerns around their safety to social concerns about fitting in and getting along with peers to practical concerns like whether they will remember everything or pack the right things. Knowing the main theme of your child's concern will be the first step in assisting them to feel more confident.

The main goal for you as parents is to focus on just the positives. Think about what your child has to gain from this experience. Camp is a great opportunity to establish new friendships, participate in hands-on learning experiences and, importantly, gain a sense of independence outside of the family network.

Here are just a few things to think about and consider + a few hot tips you might find helpful as a Mum or a Dad:

- Are you yourself anxious? In preparation, it is important to check how you are feeling yourself. What are you worried about as a parent? How are you addressing these concerns? In these times, if you are worried, you are more likely to present as flustered and somewhat erratic. This can heighten anxiety in young children, who could interpret camp as something to be concerned about. It is important to manage your own anxiety first!
- Homesickness chat. This is a big one! You may have experienced some separation anxiety with your child in the early years when beginning preschool. This experience is quite relatable in that it is an unknown situation. If your child is worried they may miss home too much to enjoy themselves; an easy fix can be to have your child bring with them an important item from home that can easily be popped in their bag.
- Pack together. Make it fun! We will be sending home a list of things to pack in the next few days.

- Reduce the sense of the ‘unknown’. Talk about what to expect and check out the little flyer that will be going home explaining what we will be doing on camp.
- Share your own positive experiences. Simply talking with your child about your good experiences on camp may help to ease the fear of the unknown further. It is ok to talk about experiences that also didn’t turn out too well. However, it is important to emphasise the learning that came out of that experience!
- Let them know that some anxiety is actually ok. It is always important to emphasise that all feelings we experience are normal and good, and part of our body looking after us. Holding onto anxious feelings is not helpful in the long term, however. Help your children to recognise when they don’t feel good, and to challenge an unhelpful feeling with a helpful thought or saying to themselves, for instance, “I’m feeling nervous, but I know I’ll have a great time with my friends on camp”.
- And finally, let us know at school for any travel sickness or dietary needs in advance. As parents, you know what your child can and cannot handle. It is super important to make us aware of any accommodations that need to occur to make your child’s camp experience a happy and fun one!

And we will touch base about all these feelings at school too!

active education
Outdoor education experiences

Phone: (08) 8370 1500
bookings@activeed.com.au
www.activeed.com.au

Jervois Primary
Aboriginal Studies
Year 3-6 Camp @ Aldinga

Tuesday 27/06/2023

6:00 AM	Load Bus & Depart For Camp	
10:30 AM	Arrive at the Campsite - Welcome & Safety Briefing - Settle into the Accommodation (if available) - Facilitator led walk around the Property	
11:00 AM	Art & Symbols	Scrub Walk
12:30 PM	Lunch (Packed From Home)	
1:00 PM	Fish Cooking	Fish Cooking
2:30 PM	Afternoon Tea	
3:00 PM	Scrub Walk	Art & Symbols
5:00 PM	Supervised Free Time (Teacher Led)	
5:30 PM	Evening Meal and cleanup	
7:00 PM	Evening Program (Teacher Led)	
	Supper and off to Bed	

Wednesday 28/06/2023

7:30 AM	Breakfast	
8:00 AM	Campsite Cleanup	
8:30 AM	Rainbow Serpent	Traditional Games
10:15 AM	Morning Tea	
10:45 AM	Traditional Games	Rainbow Serpent
12:30 PM	Lunch	
1:00 PM	Load Bus	
	Camp Wrap Up	
1:30 PM	Depart Campsite for	
2:30 PM	Arrive Back @	

Camp Activity Sessions include

Scrub Walk
A walk in the scrub identifying various food and medicinal plants that can be found.

Art & Symbols
Students learn about various traditional art and symbols & get the chance to create their own Boomerangs

Traditional Cooking
Students wrap fish in clay, to be cooked on the coals of the campfire.

The Rainbow Serpent
Explore the Rainbow Serpent story through a team based navigation and art activity

Traditional Games
Students participate in some traditional games from areas around Australia

THE ACTIVE ED

BIG 5

Appropriate Clothing
(Sunsmart, eg No Singlets)
Hat (Broad Brim Preferred)
Water Bottle
Sunscreen
Enclosed Shoes

Please Note: All activity times are a guide as timing may need to be adapted by facilitators during camp in consultation with lead teacher.

active education
Outdoor education experiences

2 Day Camp SET MENU

DAY 1	MORNING TEA	Camper bring from home
	LUNCH	Camper bring from home
	AFTERNOON TEA	Seasonal Fruit
	DINNER	Country BBQ, Salad & Wedges Apple Crumble with Custard
DAY 2	BREAKFAST	Pancakes + Cereal, Toast, Spreads & Juice
	MORNING TEA	Lamingtons
	AFTERNOON TEA	Pizza Subs

ALL SPECIAL DIETARY REQUIREMENTS MUST BE PROVIDED TO ACTIVE EDUCATION AT LEAST 14 DAYS PRIOR TO CAMP

PLEASE NOTE: This menu is subject to change without notice

We will be going through ALL of this at school too but just thought you might like a copy as well... (and the menu COULD look like this BUT it could also look a little different!

Thankful Thursday

EVERY THURSDAY A FEW OF OUR JERVOIS
PEEPS ARE
GOING TO TELL US ABOUT SOMETHING THEY ARE GRATEFUL FOR...
HERE ARE LAST WEEK'S GRATITUDE'S.

R/1

LEO – FOR MY BROTHER (RAYJ) BEING AT THE SAME SCHOOL
LAYLA – FOR THE SCHOOL!
WYATT – FOR MALACHI, DEGAN AND KYAS (HIS BROTHERS!)



1/2

ARABELLA – FOR WHAT A BEAUTIFUL SCHOOL, TEACHERS AND HELPERS THAT WE HAVE GOT!
CHLOE – FOR SAMANTHA HELPING US WITH GARDENING
SKYLAH – FOR THE SCHOOL AND ALL OF OUR TEACHERS AND EVERYONE IN OUR FAMILIES AND PARENTS!

3/4

HAMISH – THAT DONUTS ARE ACTUALLY REAL!!
MACY – FOR MY FRIENDS, FAMILY AND HOME!
DECLAN – FOR GOING TO SCHOOL

A Grateful
heart is the
Best Kind
to Have ♥

5/6

CHARLOTTE – FOR ALL HER FRIENDS BEING THERE FOR HER WHEN SHE NEEDS THEM
HARRY – FOR THE TEACHERS, TEACHING HIM
LOGAN S – FOR HAVING NEW TEACHERS, TEACHING HIM EVERYTHING



Gratitude paints little
smiley faces on everything
It touches.

- Richelle E. Goodrich

OurMindfulLife.com

JUST
BE ♥
KIND®

What's on in the local area

For more information or to book please call Helen on 0466 809 400

LEARN TO COOK EASY, CHEAP & HEALTHY MEALS

SIGN UP TO THE FREE NEST PROGRAM!



NUTRITION EDUCATION AND SKILLS TRAINING (NEST) is a fun 6-week cooking and nutrition program designed to help you make lasting changes for better health!

NICE. EASY. SIMPLE. TIPS.



- TOGETHER WE'LL LEARN:**
- How to save money on your food budget
 - How to store food safely
 - How to understand food labels
 - New food knowledge and cooking skills
 - How to plan meals to reduce food waste



Each 2.5 hour NEST session includes a series of fun nutrition activities, practical group cooking lessons, and then at the end of each session we share a meal together.

At the end of the 6-week program you'll receive a certificate, take home resources, and your own copy of the **OZHARVEST EVERY-DAY COOKBOOK** packed full of simple, healthy, and delicious recipes – most of which cost less than \$3.00 per serve!

YOUR NEST PROGRAM WILL BE HELD AT:
Murray Bridge Community Centre 18 Beatty Terrace.

ON THE FOLLOWING DATES:
14th June 21st June 28th June 5th July 12th July 19th July

DAY: _____ Wednesday _____

TIME: 10:30am **TO** 1:00pm

NICE. EASY. SIMPLE. TIPS.



Saturday 24th June 23
9am to 2pm
Jervois Winter Warmers Market

Homemade Sweets Hot food Real coffee
Arts Dried fruits Books
Crafts Novelty candles Plants

Much Much more

Henningson Road Jervois

Contact Lyn 0419733882 or riverponies1958@gmail.com for more information

JERVOIS HALL

WINTER DANCE

29TH JULY

Come from 7pm for a sip & nibble & catch up
main Dance from 8pm
with music from **PETER HUTCHINS**

Entry \$12 (includes a door raffle)
\$2 raffle tickets available
Pooled supper (BYO if you prefer)
Look forward to seeing you then.

NEXT DANCE 30TH SEPT

Contact: Malcolm
0401 043 382